

Clinical Dietitian Sample CV
O-5/O-6, USPHS
PHS#
Phone; e-mail
Date

PERFORMANCE:

Professional Experience

Diabetes Education Program Coordinator

Oklahoma Area Nutrition Consultant, 0-6 Billet

JUN XXXX– Present

HHS/IHS/Claremore USPHS Hospital

Claremore, OK

Primary Duties:

- Responsible for providing nutrition and diabetes management consultation, technical assistance, and training in Oklahoma Area to 65 IHS/Tribal/Urban dietitians. Maintains nutrition directory, organizes/moderates meetings
- Liaison to IHS National Nutrition Consultant, attends National Nutrition planning meetings, participates in conference calls, provides area dietitians with updates
- Collaborate with Area personnel to assess registered dietitian staffing needs
- Consultant to Oklahoma Area Diabetes Consultant and Chief Medical Officer
- Responsible for planning, coordinating and providing medical nutrition therapy and education activities for ~1800 American Indians with diabetes as the only dietitian for the diabetes program along with responsibility of administratively managing the Diabetes Education Program
- Supervise 3 Diabetes Program staff members

Collateral Duties:

- Responsible for gestational diabetes and complication registries
- Collaborated with service unit leadership to establish committee to improve Government Performance Recording Act (GPRA) results for hospital
- Charter member/recorder for Diabetes Total Care Team
- Coordinates activities for the health care team to assure IHS Standards of Care for Diabetes are met
- Recorder for Diabetes Advisory Board
- Deployed to Operation Nexxus, Administrative Section Chief, RDF #4, JUL 2010
- Coordinated with local, state, and private agencies to provide medical care to Un-insured people

Accomplishments/Impact:

- Nutrition outcomes for large diabetes population as primary registered dietitian were maintained in addition to duties as coordinator for diabetes education program Audit outcomes were within 5% of previous year's results with additional staff. Outcomes consistently 30%+ higher than national IHS averages
- Maintained recognition for diabetes education standards by IHS and American Diabetes Association ensuring quality diabetes education services are being provided for 300 clients
- Collaborated with service unit leadership to form GPRA committee for hospital Improvement in selected measurements directly affects patient care and reports that are provided to Congress for funding
- Established referral process and clinic schedule for Endocrinology Clinic New service added to provide additional medical services for 300 patients

Nutrition Program Planner

Public Health Nutritionist, 0-5 Billet

AUG XXXX –JUN XXXX

Carl Albert Indian Hospital,
Ada, OK

Primary Duties

- Program Planner for all Chickasaw Nation Nutrition Programs including the Food Distribution/Commodity Food Program; Women, Infant and Children Program (WIC), Head Start and Carl Albert Indian Hospital.
- Analyzed demographic and surveillance data submitted to the Centers for Disease Control for the WIC Program. Served as technical advisor to identify areas for further enhancement of nutrition programs, implement changes and evaluate outcomes.

Collateral Duties

- Co-conducting ongoing pediatric study for children with hyperinsulinemia. Established screening program to identify children at risk for diabetes. Monitored clinical and anthropometric data and evaluated effectiveness of intervention.
- Gathered demographic data and assisted in writing CDC grant proposal for multi-center study on typing and surveillance of children.
- Member of Nationwide task force of 15 professionals to develop Native American specific materials for Diabetes education.

Accomplishments/Impact:

- Wrote grant proposal for Office of Women's Health Program, "Take Time To Care About Diabetes". Awarded grant for program to educate and encourage women and their families to test for diabetes. Purchased incentives, provided training to local community health representatives for diabetes testing and referral.
- As Nutrition Coordinator for the USDA, WIC Program, trained and supervised 2 Registered Dietitians and 12 paraprofessionals. Designed and presented certified

- paraprofessional training course. Modules included USDA guidelines, program integrity, behavior modification; prenatal, lactating and child nutrition.
- Established nutrition program for diabetic patients at 3 satellite clinics within the Chickasaw Health System
 - Recipient of Allene Von Son Award, Category III at Association of Diabetes Educators Annual Meeting, San Diego, CA, Aug 2000, awarded for design of Educational Game for diabetic patients, Test Strip Bingo.

Public Health Nutritionist, O-4 Billet
JUN XXXX -AUG XXXX
Navajo Area, IHS, Shiprock, NM 87420

Primary Duties:

- Served in multiple roles as the sole Dietitian and Diabetes Educator to a remote service unit of 25,000 Native Americans on the Navajo reservation. Coordinated with various state and federal programs to provide needed resources for clients/patients. Developed education programs for the community: senior centers, schools, diabetes foot screening clinics and health fairs on various health topics. Responsible for submission of annual diabetes audit, quarterly reports to Navajo Area Office.

Collateral Duties:

- Co-conducted and published original research on diabetes screening in Navajo Adolescents. Arrangements made at 2 local high schools for students to participate in voluntary screening for diabetes. Designed circuit training of 6 diabetes education sessions during screening procedure. Developed intervention program for those diagnosed.
- Served on Nationwide Team to write, edit and validate future exams for Certification in Pediatric Nutrition for the American Dietetic Association, 2000-2002.
- Independently developed and presented 2-Day Diabetes Workshop to 60 attendees at the NM Indian Nurses Association Meeting in Albuquerque, NM, 1999

Accomplishments/Impact:

- National Board Certification in Pediatric Nutrition, 1997
- Provided technical assistance and consultation for the development of Healthy Pathways, a public health promotion program for the elderly. Assisted with focus groups to identify needed services, coordinated with the University of New Mexico and the Agency for the Aging, Community Health Representatives, physicians and exercise specialists to enhance services for the elderly.
- Presented 10 workshops throughout Navajo Nation to over 600 participants on Basic Diabetes Management. Only Certified Diabetes Educator on staff at hospital, assisted with instruction of all aspects of diabetes education.
- Served on high risk pediatrics team to identify, follow and evaluate patients with chronic diseases, nutritional concerns. Coordinated with boarding schools to provide nutrition support for special needs children including fetal alcohol syndrome, placed

by social services.

Senior Clinical Dietitian, 0-4 Billet

JAN XXXX- AUG XXXX

National Institutes of Health/Clinical Center Nutrition Department
Bethesda, MD

Primary Duties

Clinical Duties

- Provide specialized consultation on nutritional needs of patients in research protocols
- Participate in multi-disciplinary rounds for discharge planning and inpatient nutritional needs of patients.

Research Duties

- Design research components with regards to nutritional needs
- Collect, analyze, and interpret nutrition research data in support of research protocols

Collateral Duties

- Co-Chair oncology evening support group
- Serve as NIH Equal Employment Opportunity representative

Accomplishments/Impact

- Created patient handouts in Spanish for oncology patients enrolled in protocol for use on discharge. Significantly reduced number of patients calling after discharge over confusion with protocol instructions.
- Developed patient tray waste study, minimizing tray waste by 15%.
- Assisted lead investigator in designing nutritional element for 2 clinical trials

Clinical Dietitian

Senior Staff Dietitian, 0-4 Billet

AUG XXXX- JAN XXXX

Federal Bureau of Prisons

Federal Medical Center Devens – Ayer, MA

Primary Duties

- Administered nutrition services for approximately 1200 male inmates.
- Provided nutrition education for inmates and medical/correctional staff.
- Monitored accuracy of medical diets in collaboration with foodservice staff.
- Assisted in maintaining supervision and accountability of inmates.

Accomplishments/Impact

- Collaborated with BOP Spanish Menu Development Workgroup for Spanish translation of BOP national menu, which serves as an important nutrition education tool, allowing for increase food offering awareness to the over sixty-one thousand Hispanics presently within the custody of the BOP.

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- Assisted in FMC Devens renal menu extensions for hemodialysis inmates for Fiscal Year (XX).
- Honor Graduate, Introduction to Correctional Techniques II,: course consisted of specialized training in correctional techniques, including firearms proficiency, self defense, management of medical emergencies, safety management and communication skills.

US Army

Summary of assignments and accomplishments

JUN XXXX- AUG XXXX

Walter Reed Army Medical Center

Primary Duties:

- Served on a multidisciplinary team to assess and provide nutrition counseling to pediatric patients and their families on a variety of conditions such as: phenylketonuria, inflammatory bowel disease, congenital anomalies, cystic fibrosis, cerebral palsy, bronchopulmonary dysplasia, failure to thrive, spinal bifida and others. Provided consultation to Pediatric Ward, Neonatal Intensive Care Unit and Pediatric Intensive Care Unit.

Collateral Duties:

- Served as Consultant to Neonatal Intensive Care Unit at Bethesda Naval Hospital, Bethesda, MD.

Accomplishments/Impact:

- Consulted on research protocol for hyperemesis gravidarum and use of ginger capsules in pregnant women.

FT Sam Houston, TX

Primary Duties:

- Faculty for AMEDD Center and School, developed lesson plans and instructed for Diet Technician, Physician Assistant, Nurse and Physical Therapy courses at FT Sam Houston.

Collateral Duties:

- Served on Commander's health promotion counsel, in this capacity, wrote lay-articles, orchestrated community events, developed and disseminated educational messages

Accomplishments/Impact:

- Wrote, edited and supervised production of three audiovisual projects for training course used Army-wide
- Assisted in writing and editing a new Clinical Diabetes Manual to be incorporated into the Department of the Army, world-wide.

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EDUCATION

- Master of Public Health, Emphasis: Epidemiology, Uniformed Services University of the Health Sciences, Bethesda, Maryland, XXXX
 - Vitamin, Mineral Supplementation in Pre-School Aged Children
- Dietetic Internship, Walter Reed Army Medical Center, Washington, DC, XXXX
- Bachelor of Science in Food and Nutrition, University of California, Long Beach, XXXX

Professional Licenses/Registration/Certifications

- Certificate of Training in Adult Weight Management Program, Commission of Dietetic Registration (2010)
- Registered Dietitian, Commission on Dietetic Registration, 1990-present
- Certified Diabetes Educator, National Certification Board for Diabetes 1993-present
- Certified in Pediatric Nutrition, Commission on Dietetic Registration, 1997-2002
- Certified Aerobic Instructor, Navajo Reservation, 1997-1999

OFFICERSHIP

PHS Support Activities

- Presented at Commissioned Officer's Association Annual Meeting, Category Day, 2010 and 2008. 2010: Promotion and Leadership, 2008: Trans Fats and served on Dietitian Q & A panel.
- Presented WebEx to Dietitian Category on Leadership and Promotion Counseling, 2010
- Track Chair for the Scientific Abstract Subcommittee for 2011 COF meeting, also served in 2009, 2010.
- Serving on the Dietitian PAC, 2002 – 2004 and 2009 - 2011.
- Member Wellness Subcommittee 2004-present
- Assisted with the writing and narration of 6 on-line modules, targeted to maintain healthy weight for active duty PHS officers.
- Member Mentoring subcommittee, 2002 – 2009
- Member Recruitment subcommittee, 2002 – 2004
- Presented to the Atlanta CDC Commissioned Officers Association on “The Promotion Process” to prepare CDC Officers for PY 2011, 2009
- Served as aide-de-Camp to RADM Holman, guest speaker at the Mid Continent Association of Food and Drug Officials, March 2006.

Civic, Community, and Outreach Activities/Volunteer activities

- Volunteer at Low non-profit crisis pregnancy center to teach nutrition classes (2011)
- Orchestrated Lunch and Learn for World Diabetes Day and Diabetes Month for local chapter of COA. Planned and directed mini diabetes educational health fair. (2008)
- ADA in Boston and October 2003, ADA in San Antonio, volunteered at PHS booth (2010)
- Volunteered at community clinic for low-income diabetes patients to provide diabetes education to clinic patients; teach patient education classes on non-clinic evenings, prepare diabetic recipes for patients to sample, recruited podiatrist and optometrist to volunteer for clinic. (2004-2008)
- Attended AADE in Los Angeles and volunteered at FDA booth.(2006)

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- Part-time faculty, California State University Long Beach: taught Community Nutrition Course. (2003)
- Volunteered at Wilford Hall Air Force Base Cystic Fibrosis Clinic, San Antonio, TX to provide nutrition advice and consultation. Attended monthly clinics to assist with these patients.
- Wrote, edited and validated the Certification in Pediatrics Specialty Exam for the American Dietetic Association. (1998 – 2001)
- Developed 2 week community nutrition rotation for dietetic internship in cooperation with two Oklahoma University Nutrition Programs. (2001)
- Selected to participate in a National task force to develop Native American specific materials for Diabetes workshops. (1999)

Deployment

- Deployed to Hurricane Katrina as SERT team member. Extended deployment when initial deployment period was over. Worked 16 hour days for 20 days consecutively.
- Field Medical Readiness Badge (2005)
- APHT #1 (2010-Present)
- Tier 3, Dietitian (2004-2010)

Professional organization involvement

- American Dietetic Association: Clinical Nutrition Management Practice Group – Vice Chair (2010-Present)
- American Diabetes Association: (1993- Present)
- American Association of Diabetes Educators (1996-Present)

Publications/Presentations

- Karlson WG, Sample IA, Barker LP, et al. Community guidelines on breastfeeding in the workplace. Am J Pub Health. 2009;95(6):1067-68.
- Co-authored, “Take Time to Care About Diabetes”, grant proposal, awarded by the Office of Women’s Health to Chickasaw Diabetes Program, 2001.
- Poster Session: Joint Services Humanitarian Conference, Fort Sam Houston, TX, Type 2 Diabetes Mellitus in Navajo Adolescents, February 2000.
- Kim C, McHugh C, Kwok Y, Smith (Shaw) A. Type 2 Diabetes Mellitus in Navajo Adolescents. West J Med, 1999 April;170(4):210-213.

Presentations

Presentation

Organization/Audience

Location

Year

Leadership and
Promotion

Annual COF Meeting
Category Day

San Diego

Spring 2010

Trans Fat Issue

Annual COF Meeting
Category Day

Tucson, AZ

Spring 2008

Annual Diabetes
Update

NM Indian Nurses
Association Meeting

Albuquerque, Spring 1999
NM

Basic Diabetes
Management Workshops

Indian Tribes of the
Southwest

various
locations

1997-1999